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New Patient Intake Form

First Name: _____
Last Name: _____
Nickname: _____
Address: _____
City: _____
State: _____ Zip Code: _____
Email: _____
Age: _____ Date of Birth: _____
Sex: () Male () Female
() Single () Married () Divorced () Separated () Widowed
Names and Ages of Children: _____

Home Phone: _____
Work Phone: _____
Cell Phone: _____

Whom may we thank for referring you to our office? _____

How were you referred to our office?
() Internet () Lecture () Drive by
() Coupon () Screening = Where? _____
() Other: _____

In case of an emergency, please contact:
Name: _____
Phone: _____
Relationship: _____

Please describe below, in the following 2 sections, your primary, secondary and additional reasons, if any, for seeking care in our office:

Primary Complaint (List one only): _____

When did you first experience this problem? _____

How did this problem first begin? _____

How often do you experience this problem? _____

Please grade the intensity of this problem (with 10 being worst):

At best 1 2 3 4 5 6 7 8 9 10

At worst 1 2 3 4 5 6 7 8 9 10

How would you describe the symptoms (i.e. burning, stabbing, aching, sharp, etc.)? _____

Please describe the location of the pain. _____

Does this problem cause pain to travel to any other area? Y N If yes, where? _____

Is this problem getting: () worse? () better? () staying the same?

What seems to aggravate this problem? _____

Secondary Complaint -- if any (List one only): _____

When did you first experience this problem? _____

How did this problem first begin? _____

How often do you experience this problem? _____

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Please grade the intensity of this problem (with 10 being worst):

At best 1 2 3 4 5 6 7 8 9 10

At worst 1 2 3 4 5 6 7 8 9 10

How would you describe the symptoms (i.e. burning, stabbing, aching, sharp, etc.)?

Please describe the location of the pain. _____

Does this problem cause pain to travel to any other area? Y N If yes, where? _____

Is this problem getting: () worse? () better? () staying the same?

What seems to aggravate this problem? _____

Your Health Profile

What are your health goals? _____

Have you had previous chiropractic care? Y N

If yes, what was the doctor's name? _____

What was the approximate date of your last visit? _____

What was the duration of your care? _____

Is your current condition the result of a recent: () auto accident? () work related injury

What was the date of injury? _____

If so, please inform the front desk staff immediately to obtain additional necessary paperwork.

(Women Only)

When was your last period? _____ Are you pregnant? () Yes () No () Not sure

Were you aware that:

--Doctors of Chiropractic work with the nervous system? ___Yes ___No

--The nervous system controls all bodily functions and systems? ___Yes ___No

--Chiropractic is the largest natural healing profession in this world? ___Yes ___No

--If Chiropractic care starts at birth, you can achieve a higher level of health throughout life? ___Yes ___No

Family History

Please list the cause of death and age of any immediate family members (parents or siblings):

<i>Relationship</i>	<i>Cause of Death</i>	<i>Age of death</i>
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please check any of the following illnesses you or a family member have or have had and describe their relationship to you:

(X)	(relation)	(X)	(relation)	(X)	(relation)
____	Pneumonia.....	____	Mumps.....	____	Influenza.....
____	Rheumatic Fever...	____	Small Pox.....	____	Pleurisy.....
____	Polio.....	____	Chicken Pox.....	____	Arthritis.....
____	Tuberculosis.....	____	Diabetes.....	____	Epilepsy.....
____	Whooping Cough...	____	Cancer.....	____	Mental Disorders....
____	Anemia.....	____	Heart Disease.....	____	Lumbago.....
____	Measles.....	____	Thyroid Disorder.....	____	Eczema.....

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____/____/____
Date

Dr. Initials

Stress History

Please indicate whether you have **ever** experienced stress in any of the following areas. Your answers will enable us to determine which factors have contributed to your present health condition/concerns.

Childhood

Repeated/Prolonged Antibiotic Use	Y	N	Inhaler Use	Y	N
Car Accident	Y	N	Prescription Medications	Y	N
Childhood Illness	Y	N	Surgery	Y	N
Fall/Jump from a Height < 3 feet	Y	N	Vaccinations	Y	N
Fall/Jump from a Height > 3 feet	Y	N	Youth Sports	Y	N
Head Trauma	Y	N	Other Traumas (physical or emotional)_____		

Adulthood

Alcohol Consumption	Y	N	Inhaler Use	Y	N
Repeated/Prolonged Antibiotic Use	Y	N	Prescription Medications	Y	N
Car Accident	Y	N	Smoker	Y	N
Coffee Drinker	Y	N	Surgery	Y	N
Drug Use/Abuse	Y	N	Contact Sports	Y	N
Fall/Jump from a Height	Y	N	Extreme Sports	Y	N
Head Trauma	Y	N	Workplace Stress	Y	N
Home Environment Stress	Y	N	Other Traumas (physical or emotional)_____		

Lifestyle / Social History

Job Description: _____

Work Schedule: _____

Recreational Activities: _____

Do you smoke? Y N If yes, how much? _____
 Do you drink alcohol? Y N If yes, how much? _____
 Do you drink coffee? Y N If yes, how much? _____
 Do you drink tea? Y N If yes, how much? _____
 Do you drink water? Y N If yes, how much? _____

How regularly do you exercise? () daily () ___x/week () occasionally () never

What kind of exercise do you do? _____

How many hours of sleep do you get on average? _____

On a scale of 1-10 please rate your stress level (1=none and 10=extreme):

Occupational _____ Personal _____

Surgeries:

Approx. Date	Type	Reason for surgery
_____	_____	_____
_____	_____	_____
_____	_____	_____

Previous injuries or trauma (please give type and date): _____

Medications (including over the counter drugs):

Medication & Dosage	Reason for taking
_____	_____
_____	_____
_____	_____

Nutritional Supplements you are currently taking: _____

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Please check any of the following you have had in the last six months:

MUSCULO-SKELETAL

- Low Back Pain
- Pain Between Shoulders
- Neck Pain
- Arm Pain
- Joint Pain/Stiffness
- Walking Problems
- Difficult Chewing/Clicking Jaw
- General Stiffness

NERVOUS SYSTEM

- Nervous
- Numbness: _____ (where)
- Paralysis
- Dizziness
- Forgetfulness
- Confusion/Depression
- Fainting
- Convulsions
- Cold/Tingling Extremities
- Stress
- Hearing Difficulty

GENERAL

- Fatigue
- Allergies
- Headaches
- Fever

GASTRO-INTESTINAL

- Poor/Excessive Appetite
- Excessive Thirst
- Frequent Nausea
- Vomiting
- Diarrhea
- Constipation
- Hemorrhoids
- Liver Problems
- Gall Bladder Problems
- Weight Trouble
- Abdominal Cramps
- Gas/Bloating after Meals
- Heartburn
- Black/Bloody Stools
- Colitis

GENITO-URINARY

- Bladder Trouble
- Painful/Excessive Urination
- Discolored Urine

CARDIO-VASCULAR- RESPIRATORY

- Chest Pain
- Short Breath
- Blood Pressure Problems
- Irregular Heartbeat
- Heart Problems
- Lung Problems/Congestion
- Varicose Veins
- Ankle Swelling
- Stroke

EYES, EARS, NOSE, THROAT

- Vision Problems
- Dental Problems
- Sore Throat
- Ear Aches
- Stuffed Nose

MALE / FEMALE

- Menstrual Irregularity
- Menstrual Cramps
- Vaginal Pain/Infection
- Breast Pain/Lumps
- Prostate/Sexual Dysfunction
- Other Problems: _____
- _____
- _____

Which best describes your reason for consulting our office?

- I have a specific concern and require help with this concern
- I want to ensure that my health concerns do not become an ongoing problem that will impact my future health.
- I want to be healthier five years from now than I am today

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